

## EQUIL - 4<sup>o</sup> Newsletter



### EQUIL Equality in Learning

EQUIL, a project co-funded by the Erasmus+ Programme: Key Action 2 Strategic Partnership for Adult Education, promotes the inclusion of people with mental health issues in the labour market. During the two years of the project, partners have been developing four training modules for practitioners working in the mental health field which aim to increase their skills in supporting people with mental health issues into work.

## Positional Analysis and Sustainability Report



Through the 2 years EQUIL journey, we experienced how throughout Europe we face differences as well as similarities in the overall organizational and methodical approaches, in the values and in the challenges that characterize the employment promoting efforts towards citizens with lived experience of mental vulnerability and disorders. In all the partner countries, citizens with lived experience of mental vulnerability and illness generally find themselves in a crossfield between social-psychiatric efforts and labour market policies.

On this background, a final overall analysis was conducted in order to summarize the strategic findings, pointing to future needs and requirements in terms of improvement of the employment services for mentally vulnerable citizens all over Europe.

The strategic perspective of this report is to summarize some of the main learning points, challenges and dilemmas which turned out to be significant in the employment services for people with mental vulnerability and disorders across the partner countries.

#### **Dilemmas and challenges on the structural level**

- focused on legal and institutional framework conditions

#### **Dilemmas and challenges on the organisational level**

- focused on transversal collaboration and task divisions in the implementation of efforts

#### **Dilemmas and challenges on the competence and methodical level**

- focused on requirements for skills and methods among professionals in in the efforts

#### **Dilemmas and challenges on the attitudinal and relational level**

- focused on attitudes, relations and values behind in the encounters between professionals and citizens

The overall conclusion across partner countries and analytical levels is that the co-production methodology can be an appropriate way to solve many of the dilemmas and challenges on all levels.

The complete **Positional Analysis and Sustainability Report** will be published on EQUIL website : [stay updated!](#)

# EQUIL methodology: a 2-year journey



EQUIL partnership has been working in the development of a training package to support professionals working in the field of mental health to actively contribute to the social and labour inclusion of people with mental health issues. The training package has been presented and piloted with practitioners in the field.

The EQUIL methodology has been developed thanks to the active involvement of citizens with mental health issues, practitioners and employers during the whole duration of the project through **Co-production**.

The training package consists of **four modules**: Employment Support Models (Beliefs and Values); Skills and Experiences for Employment Practitioners, how to work with employers effective; and the Co-production toolkit. The modules are composed of exercises to support both people with mental health issues in their labour inclusion and employers in hiring and keeping people with mental health issues.

The training modules will be published on EQUIL website : [stay updated!](#)

## EQUIL Local Multiplier Events



Each partner organisation has organized seminars to present the training package developed within the project to practitioners and relevant stakeholders in the local communities. The aim of the seminars has been to disseminate EQUIL results and outputs to other organisations providing support to people with mental health issues along with other stakeholders.

## Partners

- [Merseyside Expanding Horizons](#) (UK)
- [Acción Laboral](#) (Spain)
- [CESIE](#) (Italy)
- [Mersey Care NHS Trust](#) (UK)
- [Mht Consult](#) (Denmark)
- [Zorgvragersorganisatie GGZ Midden Holland](#) (Netherlands)

## For further information

- [www.equilcoproduction.eu](http://www.equilcoproduction.eu)
- [www.facebook.com/equil.eu](https://www.facebook.com/equil.eu)



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